

Equipment list

We do recommend that you bring the following gear with you:

- A pair of ski boots that fit well (not brand new)
- Water proof or water resistant outerwear (something that you can put layers underneath)
- 2 pairs of ski gloves or mittens
- 2 hats (one for colder days and one for warmer days)
- Synthetic long underwear (tops and bottoms)
- A backpack 30-50 liters
- Water bottles
- Ski socks (2-3 pairs)
- A windstopper vest or a jacket (ideal for lunchtime)
- A light fleece jacket (ideal for layering)
- Sunscreen and Lip Protection
- Sun glasses
- Ski goggles
- Skis/split board with touring bindings, skins and ski poles
- Crampons
- An avalanche transceiver, a probe and a shovel
- A camera/video/GoPro
- A compact down jacket
- Swimsuits
- Casual clothes to wear during the stay at the Lodge